

Dream Catching Life's Purpose

Channelled by Michel Green

The focus of this presentation is on creating and elevating our dreams of a purpose-full Life to enrich our lives with Blessings, Laughter and Love. The Angels, as I am, are fond of saying "You are never given a Dream without also being given the means to manifest it."

On September 7, 2004, Archangel Uriel's message encourages us to seek out those dreams that guide us to our Best Life.

From the Beloved Everlasting Love to each of you, my Loves, I bring Greetings. . .

We are very pleased at the curiosity and at the interest that brings you here. Many, many, many times we hear people saying,

I don't know what I'm supposed to do. What's my purpose? How am I going to catch it? How am I going to understand? I don't know where I'm going. . .

And I hope over this period of time that I will have the opportunity to inspire you, to give you some — pointers on the way, shall we say.

There is a great deal of work to be done by those living their purpose-filled lives. It is not necessarily an easy life, but I promise you, it can be dynamic, joy-filled, exciting. It goes well beyond what Mark Twain said, when he said

When your vocation becomes your vacation, you will never work another day in your life.

And we inspire you to get that feeling of joy in what you do. To get that feeling of calm and relaxation. It is no accident really that there are camp chairs here, so that you can indeed, kick back and relax somewhat and get a taste of a life that is fun!

Now there are a number of you here who find that the fun that others talk about is not really so much fun. You must work hard at it and for that we are greatly sorry. We would on those occasions wish that we had your permission to manifest a hand and tickling finger that you might lighten up.

You are all light workers, **my Loves**, so, indeed, take that step. Lighten up. Do not allow your day to be so serious in searching for your purpose. If you stand quietly, if you slow down enough from all the activities that you have in your life, it will be much more apparent to you what it is.

When you came into life, you had, indeed, passed through the River of Forgetfulness – sometimes a frustrating thing for those who seek, sometimes a comforting thing, but, indeed, a necessary thing for if you knew every step on the path, why would you bother?

If you knew that whether you sat and watched the television or whether you got up and went and put effort in to your life, if you knew that a certain step would show up no matter what, where would the desire be?

Where would the flame be?

Where would the excitement be?

It would not be anywhere.

And Life would be very much more sad and very much more difficult.

Think of the excitement when you were a child and now those of you who have the opportunity to watch children when you sit on a celebration morning and watch them open a gift. Remember the excitement yourself. You don't know what it is! Maybe you shake it; maybe you give it a good feel, but it is the excitement of knowing that it is a gift that it has been given to you with Love from the giver – not knowing quite what it is . . .

And that is the excitement; that is the reason why your life is not laid out in a clear, open and straight path so you can see every step of the way. Because accepting a gift from One Who Loves You and having that thrill of opening it up and going "Aaaaah, it's just what I wanted!"

That is why you forget.

Think of the detective stories that some of you love: finding your way through the mystery. Or the role-playing games, you never know quite how they're going to turn out.

All of these reflect the search for the life purpose. Indeed.

You are given clues. You are given clues in your dreams. You were given clues in your daydreaming when you were a child sitting there watching the clouds, wondering, wondering. . .

When you see someone that inspires you, a hero of some kind – and you think:

I'd like to be that. . .

It is why I say catch your Dreams.

It is why I say Dream catching is the way to your life purpose.

Many of you have had dreams. . .

I want to be a fireman.
I want to be a ballerina.

And some of these dreams have gone by the wayside. Time and age and other interests and perhaps other stresses and responsibilities have caused you to lay those dreams aside.

And that is fair.

But there are other dreams. . .

When I was ten, I loved to draw. . .
When I was three, I would bounce to the music and I loved the music. . .

And where is the music in your life now?

Whenever do you pick up that pen, that chalk, that brush and draw and paint?

Where did your Dream go?

For some of you, your dreams are buried under this responsibility and that obligation and this person's requirement of you and that stress and that tiredness and et cetera, et cetera, et cetera.

The very thought of reaching down and pulling that Dream out from under that huge stack when you know it's all going to go . . . ***sigh***

And you're only going to have to pick it up, sometimes makes the effort of getting that Dream out in the open again too much.

Some of you have Dreams that have been trounced on and trampled over to the point that you don't know if you would recognize them if you saw them.

If it were to trip you up and you picked it up, would you even recognize your Dream?

Some other authority, some personal thought within you, that what you do cannot be as good as, or good enough has trampled itself all over that Dream and it barely breathes.

Some of you have said,

Oh, that's foolish; I could never do that; that's too trivial; that's too this, that's too that...

And you put it away in a box in the back of your mind with big, fat leather straps.

Well you know what... it still pounds on the lid. It's still there.

The Dream that you trampled on still has a breath.

The Dream that is at the bottom of that pile still waves,

I'm here; I'm here; I know you haven't thought of me for ten years but I'm coming to mind now...

Those impulses, those thoughts for “the Good Old Days,” those wishes, those “Gee, I wonder what would have happened if I'd...”

They will not leave you alone.

Have you noticed this?

There is something that will not leave you alone.

Some of them, some of the Dreams you have, the voices are so diminished that you would need to stop and think back over the course of your life...

When I was 21, what did I love?

When I was 17, what did I love?

When I was ten, what fascinated me?

When I laid in the grass after spinning myself dizzy and watched the whole world turn under me...

When I imagined shapes in the clouds and I was only six, who did I want to be?

Some of the voices are that quiet...

Are they worth pursuing?

If you are at the age of adulthood, if you are thinking on occasion that there is far more of life behind you than ahead of you and yet you still know about this – you still think

My life's good: I've got this and I've got this and I've done this and this was not too bad and sometimes this is really good for me...

But there's a part missing...

If you are finding that – if you are finding your life is not whole and complete, then, indeed, there is space for the dream.

And, **my Loves**, we ask you, we plead with you...

Do not come to the stepping through the veil,
Do not come to the last breath in the physical life and wish that you had done the one thing that your Dream asked of you.

Do not die with your music still in you.

Do not die with your love, with your passion unexpressed.

For I promise you the more that you suppress that which makes you excited,

The more that you suppress that irresponsible, trivial, far-too-much-fun-type of Dream,
The more you shorten your life.

It is all well and good to have these things that you can look at, these accomplishments:

I did well

I got a gold star

I got a cup

I have a certificate

I have a thank you

I've done very well and I'm very satisfied – that's true.

And if at that point you can say that covers 100% of your life, then good for you have at 'er.
Do more.

But if there is that piece that isn't quite filled in – your Dream – your life's purpose still wants to be lived.

The Channel is fond of saying that the Universe is not above nagging – and that is true. ***Laughs***
What is important for you to accomplish in your life will come to your attention again and again and again until finally it is so close in your face that you will have no choice but to sit down and take a look at it.

Some of you know your purpose is here to spread healing energy.

Some of you know that your purpose is to share the wisdom you have acquired this lifetime and others.

Some of you know your purpose is to poke fun and be fun and inspire fun in other people.

Some of you are here to walk hand-in-hand with people for a time allowing them to regain their strength, physical, mental, emotional, and spiritual, until they can to off on their own and as you wave good-bye be assured that the next person who needs a hand is waiting in the wings.

Some of you are able to inspire others through teaching.

Some of you are able to inspire others through living your best life – the life that brings you **great** delight: **double** happiness and joy.

Some of you are aware of a program – we have mentioned this before – called “The Red Green Show.” It is a Canadian show, very popular in the United States as well as here. The producer, creator, writer, all-round inspiration for the show, a man by the name of Steve Smith makes many, many of his decisions using a specific technique:

When there is a contract for him to sign, when there is a proposal that comes his way, when there is something that he is asked to do or that he wants to do himself, he sits down and says, “All right, I've done my research. I know what this project entails. Will it make me happy? –

Will
It
Make
Me
Happy?"

That is the acid test – the final criterion. If the answer is yes ***CLAP*** in there like a “dirty shirt” – If the answer is no: cancel; sorry; will not sign, send it back, go away.
And this man has what many would consider a very successful life – because he follows the program.

Everything that humans do in their lives is designed in one form or another to make them happy.
There are those who desire to amass a great deal of wealth, specifically financial. They do this, not so they can place coins all over themselves, not so they can paper their floors with hundred dollar bills, they do this to make themselves happy.

The unfortunate thing is that, very often, at the end of the road when they have the wealth, they do not have the happiness – because they did not go for happiness first.

Your dream wants you to go for happiness first.

It lives in your life, it jogs you in the ribs, it comes up over and over and over because that's the way to happiness. That's why it's there.

Giving of yourself in fun ways,

In a creative way,

In a healing way,

In a loving way,

In an inspirational and motivational way –

It does not matter so much what it is you do; it is important to have two things in mind:

Does this make me happy?

Does this assist others?

You are not hermits. You did not come onto a space and a place where there is only you. There is always another with whom you interact energetically and, therefore, there is always the opportunity to be of service.

For many, many people that is how they gain their happiness, their joy. By giving of themselves freely, lovingly, in a way that brings delight to another heart – and sometimes it is a matter of sending a thought or a concept or a sentence or feeling out into the Universe and let it touch whomever it may and you may never know all the people that you touch – but that is fine too.

It is a sad thing in some respects that there are individuals who inspire great masses of friends, acquaintances, co-workers and others whose lives they have touched who show up at their funerals or their memorials because as they went through their days living their dreams, loving their lives, having fun along the way and touching other people unbeknownst to them –

[Well, it is not entirely unbeknownst to them . . .

It is a very frequent thing that those who have passed over observe the gatherings in remembrance of them and those of great heart, comfort the ones that they were closest to or radiate their blessings to the entire room.]

Do you see how your Dream gives you the opportunity to uplift the vibration in which you all live?

Have you every met – on a gloomy day that was threatening rain as it has been day-after-day-after-day – and walking down the street – a little bit chilly, uncertain if it is going to pour on you any second and you see someone with a big smile on their face – just strolling down the street, strutting it up, having a good time and all they do is smile at you and then they are gone. And you may never see them again but ...

Have you noticed?

Your gloom is pushed back a little; your body straightened itself a little; and you might even have returned that smile before you had the chance to think, 'I'm not going to do that.'

That's all it takes.

Your happiness in what you are doing at the moment is how you live a purpose-filled life. It's where healing comes from: Love. Happiness. The Joy at being able to take what is important to you and send it out into the world.

It is why every author writes: to take what is sitting within them and put it down in a form and a format that it can go out into the world.

It is why teachers teach;

It is why preachers preach;

It is why physicians do the work they do;

It is why artists and architects and engineers do what they do ...

It goes on and on and on.

Even those in society who tend to be devalued have their purpose, have their role, have their dreams too.

A few years ago an organization in this city under the guidance of their Chairman took a great deal of risk, fought dynamic battles and put children of school age with mental handicaps into the public and separate system schools, rather than keeping them isolated where they had been. They had the vision to know that this was a beneficial move and the students had the desire to belong. Even those who were the most

wounded, the most un-able, the ones who were looked at being least “normal” – even they benefited by being in community.

Each and every one of them had the opportunity to see how society expects behaviour to occur. Each and every one of them had the opportunity to contribute in their own unique ways. Yes. For many of them it took a long, long, long repetitive time.

We cite the instance of a young woman who took two years, five days a week; daily instruction and practice to count her change on any kind of a money transaction. Two years it took. But with dedication and determination on the part of both involved, it happened. And now this young woman is less likely to be disadvantaged because she knows when coins go in her hand, she must count them.

For a lot of children much younger than her that is so simple; it is so much of a snap, why would we celebrate? We would celebrate it because there is always the possibility of a dream being made manifest in a way that is a positive, beneficial vibration.

It is never too late unless you are taking your last breath.

[And even then it is not too late for I promise you, you will – sooner or later – have the opportunity to try it again.]

Many of you have been told that over the next few hundred years, there will be fewer and fewer people incarnating on the earth. That does not mean there will never be a chance in the future. It just might not be in the near future. So work with me now!

Get with the programme!

Do what you love.

How do I know what my purpose is?
We hear this over and over and over and over ...

How do I know what my purpose is? Am I on the right track?

And immediately the question is:

What would you **love** to do?

Now there are those of you who say: “I don’t know. I don’t know what makes me excited any more. I don’t know what I would love to do.”

Then our next question to you, **Dear Ones**, is:

What **scares** you to do?

What is it that you kinda sorta really would like to try but *****Gasp***** Oh-it’s scary to do that; it’s really scary to do that.

And there are many, many of you **Wonderful Ones** who want a guarantee before you are going to let go of what you see as your security. And we laugh – and we laugh with you – for the Channel is a prime example. And yet – and yet, when you get that brave, when you take that chance, when you go to where it is scary and take that one more step ...

Aaaah! What a cause for celebration.

Your dream – astrologers will tell you that there is a configuration called the North Node of the Moon. It is a point rather than a physical object and that is fine. The purpose of this is that it is an indicator to you of what you are to do – where you are to move towards: what you are to do, achieve, accomplish, put into place in your life this incarnation. Under pressure, you don't go there.

It takes effort; it takes determination. It is something that you need to work at. You will not default there. Going to your purpose is also difficult.

It's exciting when you're there!

But taking that step, because it is unfamiliar, because it is not an ingrained place, it's not habit. You don't do it automatically. You don't do it under pressure. You don't do it without focus; without conscious effort and so your Life Purpose, **Wonderful Ones**, encourages you to be conscious – to not put your life on automatic pilot and just cruise down the road – “that's where I'm going; I don't know what I'm doing; that's where I'm going.”

No. It's not like that.

The way your journey of Life Purpose goes, you discover something new you'd like to do:

“I haven't done it before, but I'd like to do it.”

You work up your courage and you talk yourself into it. You get very, very close. You are right at the edge of your comfort zone. You know, it's right there. All you have to do is take one more step.

Let go of this tether – one more step.

It's right there. It's right there.

“Oh! I can't do it. Zing! Back to the centre of your comfort zone. ***Pant. Pant*** I'm secure. I don't have to go there if I really don't want to ...”

You know what?

That's when the Universe starts to nag...

That's when the job you thought was so secure starts to evolve. It becomes hard to get to work ...

“I don't know, I was so tired, I could hardly drag myself out of bed and now I'm ***sigh*** late – again...”

Your Dream is telling you - you don't want to be here.

Laughs

Or. You get a new boss and all of a sudden the familiarity isn't there any more. The comfort isn't there any more. You've got to work at being there with this new person and you've got to learn this all over again.

And there's your Dream saying: *"Come. Come. Come. Follow me. Come with me."*

And it looks attractive...

"I could do this. I don't have to stay here with all this nonsense. I could go over there."

So you try it again. You move over there. And you think,

"Oh, is this going to support me?

Is this going to be good for me?

Can I survive? Can I do this? Can I do that?

"Will everything be the same when I go over there?"

And you get to the edge of your comfort zone. You reach and you reach and you reach but it's not quite there.

You have to take that step.

You have to take that risk.

You have to bounce and jump into it.

And maybe this time again you can't do it and you go – whisk – right back.

"I'll learn to get along with this guy. I can learn to get along with any body."

Then things change; things evolve. All of a sudden you get a notice: in six months your job isn't going to be here.

"Gasp. Now what am I going to do?"

The Universe is nagging you again.

It is saying, "The door's open over there and we both know you'd love to go over there but you're not going to go over there as long as you're safe and secure and sitting on your butt over here. So – whip – there we go. We've whipped the rug out from under you and

You are either going to land and go, 'Ouch!'

Or you're going to say, 'all right; all right; all right, I can give it a try. I don't have a job over here, what's the worst that can happen over there? I'll be in the same position.

But.

If I could be over there and be happy;

If I could be over there and be so excited about what I'm doing that I wake up before the alarm goes off in the morning;

If I could be over there and feel worthy and worthwhile, of value, of making a difference, of using what I feel inside me is like a bird in a cage fluttering to get out –

If I could do that – wouldn't it be worth it? Wouldn't that be worth the risk?

And all the metaphysical books I've ever read and all the masters I've ever talked to, listened to, studied with, heard about, they all say words to the effect of Marsha Sinetar's:

Do what you love, the money will follow.

It has no choice.

If that's what's holding you back, it's not the right reason.

But I have house payments; I have responsibilities; I have kids; I have parents; I have this; I have that.

Yes.

And...

There are people who do the work that they love and they have mortgages and car payments and they have children and they have parents and they have responsibilities and they have obligations and ...

They do what they love.

They live their life on purpose. They do what they know they are supposed to be doing. Deepak Chopra: his purpose is to heal and to teach and to share love with people – that's his Mission Statement; that's his purpose.

And how's he doing?

Exactly. Very well.

Wayne Dyer – another individual – this was an orphan who came from deep poverty – and he knew he wasn't supposed to stay there. So he reached for it.

Was it easy?

Not necessarily.

In fact, it was not easy. But knowing what his default setting was giving him – that his life was not enriched; that there was more to life than finding a dollar or earning a dollar, that there was much more to life:

That there was happiness,
that there was purpose,

that there was delight,
that there was intention,
that there was all that he was learning to share and encourage and uplift other people, and he put it to work. He said to people, 'I know about this – let me share what I know.'

And on a regular basis, year after year, this individual is on public television giving away packages of hundreds of dollars of value to encourage people to support public television. What the person receives as their gift from this individual is at least equal to what they give in donation. This is a man, whose generosity of spirit, whose joy in what he does, encourages and inspires and enables him to say,

I live a life that is wondrous; it is the happiest life I could live for me. I am fulfilling my purpose. If you fulfill yours, you can be like me. Let me give you all this stuff: tapes, books, videos, to help you on your way.

Because he's living his Dream.



When you live your dream, when you live your purpose, you are not left behind. You are not unsupported; you do not fail.

As you express the happiness that you have in doing what you love to do, because the Law of the Universe is:

What you give out, you get back
What you focus on, expands in your life

When you live a life of joy, when you live a life following your purpose, you get to do more of it. It expands.

Now.

What are you going to focus on – not being able to follow your dream?

All that will get for you is more years of not being able to follow your dream. It all depends on what you want out of your life.

Your dream tells you your purpose.

For some people, they need to meditate on it.

For some people, they need to sit with themselves, with their memories and with a journal and say to themselves: 'Once upon a time, I wanted to...' and answer that question.

Then: 'When I grew a little older, I thought I might like to ...' and answer that

And keep going, year-by-year, segment of life by segment of life, this is what I wanted to do – I did this, but **this** is what I wanted to do.

This is what I knew I could enjoy doing;

This is what I hoped I could enjoy doing;

This is what I couldn't quite **dare** to do.

Then they look back and say, 'Hmmm. That was helping other people feel better.
Hmmm. That was when I took what my Grandma showed me and helped my friend feel better when he skinned his knee.
Hmmm. This is where I did this. Look at all of that: healing. Healing. Healing.
Maybe I could help heal people.
Do I have to be a doctor? No.
Do I have to be a naturopath? No.
How can I heal other people?
What do I love to do?
When I was doing all of this and people said they felt better, what was I doing? In other times of my life, when I really felt good what was I doing?'

Stephen Halpern was creating music.

Some of you have heard of a sound arrangement called the Mozart Effect that stimulates certain portions of the brain and allows individuals to expand their understanding or come to a level of consciousness that is more calm and that allows you to understand in a brighter, better, more expanded level.

Stephen Halpern does similar things with his music. In fact, the Guides and Guardians that Stephen Halpern has working with him – not for him, not through him – with him in filling this passion go beyond the sensibility and the ability of Mozart's music. Mozart's music has its place, indeed. Stephen Halpern's has its place, indeed.

This man heals, inspires, brings creativity, calms through his music. Is he a healer? One hundred percent. Is he a physician? Not in the traditional sense.

His dream was music. 'Now what am I going to do with my compositions? How can I combine a way of being of service, a way of bringing to the world a more peaceful state, a state where they are receptive to beneficial concepts, thought forms, practices in their lives – how can I do what I love and help the world?'

These are the only two questions and the **first** to be answered must be: **What do I love?**

Wonderful Ones, your dreams lead you to the edge. And when you get to the edge of all the Light that you have known and the only thing left to do is to take that step into the Darkness, then you must believe that one of two things will occur:

Either there will be something solid to stand on, or
You will be taught to **fly!**

Can you take that risk?

We, your Guides and Guardians, are there taking that breath with you. Hoping you will take that risk. Let us fly with you –

There are many of you whose strong logical concepts – the constructs, the beliefs and values given to you at a very young age, will insist that you must have something in place before you give up what you have and if you are working with this value system, then we will work with you as far as that can go.

But you must know that sooner or later, you will have to take that deep breath, you will have to clutch your hands and go

Gasp, squeeze your face and go.

Take that step.

Let go of what you've been holding onto.

Let yourself know that outside your comfort zone is Magnificence.

Outside your comfort zone is an energy that can make you so happy, you'll walk down the street giddy, happy – and people are going to look at you – and that's fine because you'll be so excited about your life, you won't see them!

But they'll see you excited about your life and those who don't understand and dismiss you are not looking for their life purpose. They've buried their dream. They don't even hear the thumping on the big trunk to be let out.

And there are those others, who will look at you and smile,

I'd like to be like that some time – **so** carefree. I wonder what they're doing that let's them be like that.

And that wonder is the dream asking you to look at it again. It's the dream saying,

"I'm here. I'm here. Listen. Listen. Listen."

And there will be others – a few – who will look at you and say,

"I know what you're up to..."

Laughs "Cos I'm there too and life is wonder-full."

Life is amazing! – When you do what you love; when you sit there in your purpose and we ask you, please – we ask you, look at all possibilities. Whatever keeps coming up in your life; whatever you once thought you might like to try, look at it as a possibility – as a potential. Allow yourself that freedom. Step **way** outside your box – on paper, while you are conceiving of it.

Unlimit your imagination. Go to the Myers-Briggs Type Indicator websites and go through their lists – list after list after list of careers – they have put a lot of effort into that and they think well outside the box. There will be ideas; there will be inspirations.

And you know, for many of you, looking back over your life – in a lot of ways you have been preparing all your life – maybe it's your hobby. Now we know of people who have been warned: Do not take your hobby and make it your life work because then you will make something fun into work...

Well, it's true that work is a four-letter word...

But so, **Dear Hearts**, is Love... ***Laughs***

And when you put the two of them together:

As you Love your Work, it's not work anymore.

I challenge you and I ask you ...

Is part of the reason that you are so unwilling to let go of what you have because you're not sure how much joy you can stand?

Think about that.

Stop for a moment; take a breath or two; and think about how being in full, dazzling, exciting, enthusiastic, over-flowing Joy would feel?

Whispers How did it feel?

If you take all the Joy that you can conceive of and put it in a bigger dish and add more and put better on top and top it with a cherry and say,

This! And more...

This! And better...

Can you imagine it?

Can you stand it?

Do you know how to be that excited?

Do you know how to be that happy?

Do you remember being so happy that you didn't know how to stand still and you wanted to hug the first person you met and the second and the tenth?

Do you remember being so excited that you could hardly talk?

Do you remember walking around with a grin on your face just because it's your life?

When was the last time you said ...

God, I am so grateful for my life!

And you meant it to the core of your being?

When was the last time that that wasn't something you said as part of a ritual: In order to expand things to be grateful for, you have to be grateful first.

God, I'm grateful for my life – now where's my stuff?

How long, **Dear Hearts**, has it been since you have wanted to go out somewhere where no one is going to see you and judge you and just say:

What a Life! God! I'm grateful for it – this is so cool!

If you haven't done that recently, I would suggest that you might want to look and see if there's a space in your life for something that delights you,
for something that encourages you,
for something that inspires you and lifts you,
because it does belong to you.

It is the intention and the wish and the desire for you from the *Most High* that you live a life that is like a dance and that's all you want to do and have a good time... at life. And smoothly go through it.

Now this does not mean that when you are living your purpose, when you are approaching it, that life is smooth sailing. It is a myth, my Friends, that living your purpose, especially at the start, is automatically going to feel good. It's not.

As I have already said, you have to go to your comfort zone's edge, you have to step off and that really gets your solar plexus going. If you want to have a life evaluation and you want to find out how much agony you can stand, go to the edge of your comfort zone and seriously, with written plans, with contracts ready to sign, with resignation letters all typed up and ready for signature, to out there and just see how intense life can be.

For some of you, it will be a matter of blending – starting to ease back on this one, starting to pick up on this other one. But it cannot stay that way forever. The more you do this one, the more difficult it will be to do that one.

You will have to understand and recognize that there is no security in what you are doing [out] here; there is only security in here *****points to heart***** and in here, **Wonderful Ones**, in here is where you love; in here is the centre of your Being; in here is the Source of all your happiness, all your joy, all your spirituality, all your healing, all your security. And when you learn that, it becomes much easier to let go of what appears to be secure.

You can use your written goal plan to assist you in the process. You can write affirmations that say,

“I am too busy doing the work I love to be at the job I am really ready to let go of,”

But watch what you wish for ... for you could get very, very busy here and if you have not let go of this [other], so you are very busy here and you are very busy there, that road leads to exhaustion. So watch what you are claiming for yourself.

If it is financial security that forms a component of what you love, then you request that this does so well for you that you can no longer afford to stay here. That bridges the transition, but I promise you – I promise you – whenever you come to the point that you are ready to be that courageous, to take that step, to love and value and honour yourselves enough to let go of what you are moving away from completely...

When you take that step...

The bridge will be there.

Now I have said, a number of phrases that have become almost like chants, almost like mantras – catch phrases:

**Do what you love, the money will follow.
Take the step; the bridge will be there.**



What needs to happen, **Wonderful Ones**, is that you take these steps with confidence, with Love, with excitement.

If you are saying over and over and over and over like a Tibetan prayer wheel,

“I do what I love the money will be there if I do what oh God oh God oh God ***Gasp***”

Crossing fingers and crossing eyes and hoping so tightly that it really will work, it probably won't.

You need to come to the state where knowing that it's scary and doing it anyway...

Where knowing that it's exciting and doing it anyway...

Where being confident – and I give you this as the confidence: take it within yourself –

Your Life Purpose is a gift to you from the God of Your Understanding. When you trust in that Divinity and take the step all will be very well. The bridge will, indeed, be there.

If you say, ‘Oh boy, I'm scared! Here hold my hand. You do this for me – I'm really scared but I'm trusting in You and You Said...!’

Well, indeed, we have been told over and over: The Christ said,

In my Father's House are many mansions. If it were not so, I would have told you.

In each mansion, there is the energy, the vibration, the harmony, the inspiration, the Love, the competence, the courage, the Beingness of your Life Purpose. Saying, ‘I will do this because You promised to look after me’ – putting your faith – not in your fear-full-ness but in the God of Your Understanding, the Divine Being who believed in you, who Loves you, who gave this to you – gave your life and your purpose to you so you could do it for your growth and His Glory.

If you believe in Him more than you believe in your fear, you will never fail.

And that, **Wonderful Ones**, will get you past your comfort zone.

That will indeed – take you with serenity into the life that has always been meant for you. All you need to do is claim it. All you need to do is say, ‘I love this process.’

And once you have taken the first step and are well established and comfortable and everything is going very well, there will be another step. Only this time, you will know – because you have been through it already, because you have a history and the history this time is reliable and positive and supportive and encouraging. You will know:

OK – I know there’s a turn here in this path, but I trust You more than I’m afraid for me. So take my hand and let’s **run** around the corner and see what we’ve got! Let’s be excited. Let’s take this next step...

And every time you come to the edge of your comfort zone and move forward in Trust with clear intention for Love’s sake – even though you have no idea how you’re going to manage, it gets easier.

The edge of the comfort zone is not so harsh the next time; it might be really intriguing the next time. It could be enticing and, **my Loves**, it will always be exciting.

Now, we are not going to go to the fact that ‘exciting’ could be another spelling for “stress” – that’s all in the way you accept the energy. Living a life following the purpose for you that the *Most High* has given; living a life where you can be serene no matter what comes your way; living a life of courage, excitement, intention, healing and Love, I promise you as well is not a boring life.

Can life be too good to be true?

Life can be very, very good and still be true.

If you at first you are thinking, ‘following my dream is just something that would be too good to be true,’ you’ve distanced yourselves, **my Wonderful Ones**. You have distanced yourselves from your good.

A very wise young woman – not long ago – asked the question:
I know you are good at receiving, but how are you at accepting?

Think on that, **my Loves**.

Many of you are quite happy to receive, as it were, into your lap in order that whatever it is that you receive can be doled out and continue on to be shared with others, but how many of you accept deeply into your heart – into your full Being, accept what comes to you – in particular, the good that desires to come to you just because it’s you? Not so that you can be a channel and a vessel and spread it out to everybody else but just because it’s you! Without justifying that it’s your turn; without justifying that you are channel of good to others – and that is important but that is not necessarily the objective.

Many of you are very good at receiving but how good are you at accepting – for yourself?

All of you are energy workers. The energy will move from you; it is a given in this situation, but how good are you at accepting what the Divine has in mind for you – just because it’s you?

Marianne Williamson says it is ‘our beauty, our intelligence, our success, that frightens us – not the dark side of us.’ It is time that you accepted and brought into your vibration: physical, mental, emotional, spiritual – brought into your Being, brought into your personal, everyday, dynamic, for your-own-self-first experience. And as you bring that Joy into yourself, you take on another of the roles that you came here to take on – another part of your life purpose: to be leaders, to be teachers, to be healers, to be facilitators of the evolverment of every individual with whom you come into contact.

Vibratorily, physically, however it happens, you cannot assist in and facilitate the evolvement of the planet and the peoples – all species thereon – if you refuse what you came here to do:

If you say you're not good enough;

If you say you're not secure enough;

If you say you're not worthy enough, how will the rest of the world evolve without you? And yes, each and every individual among you is that important.

I am myself. I am you, and I am you. All of you are yourselves and all of you are all of us. Together, planet, species, stars, galaxies, Universe – all of us are One. How would your physical body feel if your one finger did not participate – chose instead to say, “Nope. Nope. No, I'm never going to curl around a cup. I'm not going to behave myself. I am not worthy to be part of this Unity.”

Well. You are here. You were created. You were given intelligence; you have been given the opportunity to learn, grow, evolve, uplift, progress. You are a Child of the Divine, created by the Divine – how could you not be worthy? You are part of the Divine.

Universe. We have told you the word itself means “one song,” and only you and only you and only you and only you and only you can sing your part in that one song. And when the Music of the Spheres – through which the Universe was created – is missing a voice, every one is thrown off. When you fulfill your life purpose, when you work the work you know you came to do, when you are in Joy – people will say to you: “Do you enjoy your job?”

Do you?

You are supposed to –

And the word itself: Enjoy, means exactly that. Are you in-Joy? When individuals work with imaging techniques using colour vibration, the colour for “career”, **my Friends**, for lifestyle, for purpose – if you will – is yellow because it is the colour of Joy.

You take yourselves far too seriously. We have told you this.

One of the reasons why many of you – sensitive to signs from the unseen realm – see so many feathers is to get you to

Lighten up,

Tickle your fancy,

Find things to do that are fun,

Embellish the path that you are on,

Enrich your life.

All of these qualities come with a life that is lived on purpose –

Not on automatic pilot; not on someone else's agenda. The only dream for yourself that you need to be concerned about is God's dream for you and that is in total alignment with your deepest, richest, most all-enhancing, life-embracing wish, dream, plan, goal, path for yourself. They are totally in sync.

How do I discover my purpose?

We have said go back over your life and find the things that you loved to do. There are those who will be able to discover this through a brief review; there are those who will have to work harder; there are others who will discover it in meditation or dreams and there are others who will cast about and say, 'I'm not sure; I don't have a dream.'

Are you living your dream?

There are those who are and who, therefore, feel no inspiration to go beyond that. Provided their life feels whole and complete, then well and good. But if you are sitting there: "I do not have a dream because I do not know what my dream is," then, my **Loves**, it is time to order and plan and sit consciously investigating where your heart lies.

Your heart will always tell you true; it is your logic that says, 'well, yes, I did think of this but I threw it out because of a, b, c or d...' Throw out a, b, c or d; look at that again. Is there a place for that – even a small place in your life?

Give it a chance. Try it out. See how it fits.

Julia Cameron, in "The Artist's Way" talks about the artist's date. We will change this to a Life Purpose Discovery date: once a week, for two hours by yourself, try on the dreams, the thoughts, the inspirations that you have had. Perhaps you will go into a visualization, go for a walk along the beautiful river valley that you have and think and feel and experience yourself doing what you once thought you might like to do. How would it feel?

Would it fit?

Is there a place for that in your life?

Try it on for size. Become emotionally involved with it. If you do not have a dream that you are emotionally involved with, then think back to that trunk...

Who put the latches on it? Was it you or was it someone else?

Those of you who say,

Well, I did this and I did this. My mother thought I should always be ... and my father really encouraged me to be ... and someone else said I was just like my aunt who always ..., but once upon a time I kinda sorta thought I might like to _____, and fill in the blank.

The dream. When you begin to search for it, the dream will be excited! And it will say,

"I'm coming! I heard you! Wait for me. I'm right over here! I'm on my way! Don't leave me again. I'm ready, I'm ready. Let's do this!"

And you may find that you are surprised at the intensity with which your dream jumps up and down in your face once you start to look for it. Then you will laugh. And it will seem like so much fun.

Getting from the centre of your comfort zone to the dream is the toughest part. Once you are there, once you are right there in the centre of it – living it, experiencing it, sharing it, radiating it, doing it, being it – then Life is Magnificent.

And if you are not sure that what you've thinking is what your heart wants for you, then use creative visualization. As we have said, put yourself there.

What would it feel like?

What would it taste like?

Where would you be?

What would you wear?

Who would you be with?

Try it on for size. Get deeply, richly involved – maybe take the first few steps. If it is education, that is going to take you to your dream, the determination, the intention to live that life, choosing happiness – will see that everything else will fall into place behind it.

If you are passionate about what you want to do, the Universe will move with you to make it happen, but first you have to say:

This is what I want and I'm going for it no matter what!

And no one can look down on me or think I'm crazy or laugh at me or shake their finger at me or list responsibilities to me to a degree that will ever make me give this up again.

Can you survive living your dream?

Yes.

Can you survive well living your dream?

Yes!

Because the happiness that you have, the confidence that you create, the joy of being there all expand. You all know that when you focus on the negative, you get more negative but not all of you have the confidence that when you focus on the stuff you really love doing and keep your focus there that that too will expand. It is the same law; it cannot be otherwise.

By focussing on having an enriched, wealthy, friend-filled, fun-filled, health-filled joyous life – by focussing on that as much as you focus on what will happen if I let go of this thing- over-here-that-I'm-really-beginning-to-hate, you create this in as much power, as much exuberance, as much dynamic, vital energy as you once gave to this.

You cannot lose except by refusing to accept.

So take the whole thing. Please allow us to assist you. For those of you who meditate, those of you who contemplate – which is a relative, shall we say, of meditating, for those of you who journal, for those of you who daydream – wonder-full tool that – all you have to do is say, “I wonder what my very best life could be?”

And then let yourself go. No cap on it; no limit.
Let yourself go and then take a breath and go further...

And then get really ready and try it. Try it.
Part time at first if that is all you can bear.

Don't let it go again. Don't let it be lost again.

Your dream searches for you; that's why it keeps coming up. It's why that childhood fantasy is still in your heart and in your mind at that day. It wants the chance to live in your life.

Open your heart to loving yourself enough to living that life.

Your Guides and Guardians, those Angelic Forces: angels, archangels, many, many of us, spirit guides – all that you would choose to call upon for existence and for assistance stand ready to help you with this. And we cannot be involved unless we are invited, but there are many who would guide and guard you standing ready.

You don't even have to say it out loud: in your deepest heart, in your wonderfully dynamic minds, all you have to do is say,

“I want my Best Life. I'm ready. I accept. Let's do it!”

And then, listen.

Your purpose will always make itself known. It comes wrapped in Joy and it has been my Joy to be here with you.

We bless you. We love you.

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