

SERVICE, JOY AND STEPS ON THE PATH

Asa as channelled through Michel Green

June 17, 2004 brought a variation in the Angelic Alchemy experience. Although a full part of this series and, of course, with the Archangel Michael's guidance and support, the Guide for this session was not an angel. Asa was the lifelong guide of my teacher and dear Friend, Alex Anderson. – and a long time friend of mine as well.

I first “saw” Asa when I attended a public meditation circle that Alex was leading. One of my strongest and most interesting perceptions when Alex channelled Asa was that of recognition of the guide – even though this was the first time I had seen channelling and the energy we came to know as Asa, but it was also the first time I had met Alex! I came to know, however, that I had walked the earth more than 2000 years ago when Asa was last physically present. And many of the most important people in my life now were part of that circle of friends.

Asa was also one of the first beings I channelled and this session was for me a delightful renewing of an old acquaintanceship.

Good evening, Friends,

It is a great pleasure for myself as well as my channel to have this opportunity to expound – as she would say – on my opinions, on my point of view with regard to service. It is equally a pleasure for me, I am always most happy to have the opportunity to share the understanding that is gained from this side of Life and certainly I look forward to some “a-ha” moments, some clarity and hopefully, the inspiration to make your role of service and your lives a joy for yourselves.

Service. A very interesting word. It has “**I serve**” in it and that, indeed, is what each and every one of you is here to do. It is important that you realize though, that what you do has less significance than the intention and the attitude and the manner in which you do whatever it is that you do.

If you were to be working in a fast food place, it would be important for you to have the desire to provide the most flavour-full food that you could; to be at the work that you are doing because of the opportunity of meeting pleasant people and making their day a little better and, indeed, an individual with that attitude finds that customers are always charming, are always glad to see them. Whereas an individual who is there simply to put in time and grumbling about it, one who is there because the options that they see – or do not see – in their lives require that they be there and they are there grumbling and complaining, they will find that not only does the food not taste good to them, but their customers will think “... hmmm, it is a little off.”

It is the **intention** that has the greatest value. Why would you do what you do?

For the money? In the world in which you live it is a consideration, but I submit that it is not the primary consideration.

Because you have to? Well, considering other choices, it may be because you have to, but there are people in this world who find others to provide for them.

Your service, my Friends, is the rent you pay for the privilege of being here incarnate. It is important that you realize that not every Soul who simply says, “Hmmm, for this next 20 years, I think I will be incarnate,” not all are permitted. It is, indeed, a privilege to be here.

There are 6 billion plus people on the planet at this point in time more than have ever been present at any other time. That is a fact. But there are still more on the spirit side of life who could have chosen, who could have said, “yes, I would like to ... “ Many have said, “I give up my place this time, but I will join with you, I will partner with you. I will offer you my guidance and my love and my encouragement.”

And you have said, "That is excellent and I accept."

So do not think that this is an accident. Do not think that it was a matter of sending a memo to the Most High and it being rubber-stamped. There were meetings. There were discussions. Each and every one of you has a Council of Twelve. Carolyn Myss recounts them and relates them to you as your archetypes. There is much to be recommended in her book, "*Sacred Contracts*." It will give you great insight.

Nonetheless, there was as we have said, much discussion and part of that discussion involved: what would you do? How would you be? What gift would you give to the growth of the planet, to all individuals on the planet incarnate with you? And we are speaking, not just of humans. We are speaking of the life of the planet herself to which every individual present on the planet has a linkage – the consciousness of Mother Earth is where the collective consciousness resides. And within that consciousness and linked to it and linked thereby to each and every one of you is the consciousness of the mineral kingdom. Each of you has spent your time in mineral form. You have spent your time in mineral form as you learn organization and as you learn to grow in an organized manner. As you learn different roles of service through the crystalline forms that you chose. And then your evolution proceeds.

And your evolution proceeded to the plant kingdom and their main theme of life and energy is, indeed, growth. It is transmitting and transmuting energy from one frequency, from one vibration into another and into another. The vibration of the Sun through photosynthesis is part of this example. And they learned that that was how they could feed and grow, but even so, plants knew that they must give to the world in payment, in kind, in return for what was given to them. And therefore, they oxygenate the planet. There is the ebb and flow, the ever-change of the gases that support the growth of life on this planet. With your learning, do you see how plants also have a role beyond merely assisting the breathing space? It is when you are a plant that you learn about breathing. It is not so complex a matter; it is bringing in Spirit – inspiration: that is what it means – in spirit: and so you bring in the energy of Spirit. And it supports all your needs.

But plants bring beauty and they bring food and they bring health – and this they do as well to be of service.

Then through the eons of your evolution, you took form in the animal kingdom. You learned about movement and in many ways you learned about gender and you learned about family and you learned about variety. But mostly you learned about movement – about beginning in one place and travelling to another; about coming together either for one purpose – for one week, for propagation and then not seeing the partner – or coming together in groups, in families. Some of you took on the flying forms and learned to elevate your energy and move beyond being earthbound. But all of this was learning, learning in conjunction with the planet.

And the animals here present today come with their role of service as well. Each time they come, in this century and the previous one, they come as an offering. They come asking that you become more evolved and start that with your treatment of them.

The horse – of all the animals on the planet, this one strikes the hearts of far, far more for its freedom, its beauty, its wisdom, its willingness to carry you on its back – to carry you, to move you forward, to stand as a representative of your personal power. And when Horse is diminished and wounded and abused, you do this to Horse as a sign that you are doing this to others who are your self.

One of the most delightful representatives of enlightened behaviour, the natural energy state, the natural intention of the Dog is unconditional Love. That there are dogs who attack unprovoked, who are trained to look on others except one as an enemy is a complete abuse of the interactive nature between humans. The difficulties with dogs these days are directly linked to the refusal ... to co-operate with but ... indeed the aggression to attack others of your own kind.

There have been a great many months of struggle and despair with Mad Cow disease and the Bird flu. These are directly linked, as has been told, to the attempts by man to make these creatures into something they are not: Putting animal parts into food and making grass eaters – vegetarians – into

carnivores. They have no voice. They have no advocate and so they sicken because it drives their purpose for being here to a state of insanity and it is the only way that it can be brought to your attention. When creatures, supposedly the most evolved – you tell each other that do you not? – The most evolved on the planet – when you continue year after year after decade to abuse and harm and hurt each other in the name of a God as part of your role, your service, it poisons all creatures all round and you wind up with a situation in Ireland where they have had Mad Cow disease for 14 years and it is not abating.

My Friends, do you see the lessons that they are trying to teach you?

They are asking you to become aware of what you are being presented with... for the individual who says, *“I did not know; I did not see; I did not understand. They gave it to me and I said, ‘yes,’ but I did not question the source.”*

You are, by your silence, condoning what is being done. And so these dreadful examples come blatantly in the headlines that you might begin to question. That you might say, *“It is important that this be done appropriately. It is important that I too be involved in ensuring that what is done to my other partners on the planet; that is, what is done – theoretically to benefit me, to provide for me – is done in such a way that it can, indeed, benefit me.”*

The animals die, not only because they would not be carnivore, but because they would not poison you any further. They are advocating participation. They are trying to speak to you. They are using every means they can in their service to you. And through their example, they are hoping to inspire not only that you will demand an accounting and that you will require appropriate treatment, but also that you will look at what you do and say, *“What is my intention here? What is my service here? Why have I chosen to do what I have chosen to do?”*

And I suggest to you that there is only one valid reason why you would do what you do: Because it brings Joy.

If you are doing something solely because you **have to do it**, my Friends, what is the energy that is happening here? A bright and wonderful Light in this city by the name of Agnes Krawec loves to tell the story of her sister who hates to cook and herself who loves to cook. The story goes that Agnes and her sister took a cake mix and divided it in half and each of them baked the cake according to directions with appropriate changes in amounts. Agnes's sister's cake barely reached the top of the pan when it was finished and she said, *“Oh well, I hate to cook anyway, you know that.”*

But Agnes's cake rose high and light and flavour-full because she loves to cook. The quality of the result is absolutely demonstrated.

You may be able to fool yourself. You may be able to say, *“I do this because I have to do this,”* but we ask you to review it, to look at it, to seek a brighter way, to seek a way that brings you joy. It is why you are here on the planet.

You are here to evolve your Soul through the higher qualities and Laughter and Joy and Enjoyment in what you do and what you think and what you say and where you go and who you associate with – all of these, either further your evolvment or delay it.

I ask you, each and every day as you rise to greet your day, declare and decide for yourself:

What one thing today are you going to do for the joy of it, for the fun of it, just because it pleases you to do it?

Then see how far in the day you can stretch that behaviour...

Can you do it more than once?

Can you do it all day long? If you can't, there is part of the day that needs work!

As you go to sleep at night, look back and find the satisfaction...

Did somebody need directions and you knew the answer? Didn't it make you feel good?

Did you choose to be a channel for understanding and you gave that understanding to yourself only perhaps. But if you understand something in a better way, if you understand something and it makes your steps more smooth, easier to move, then that radiance from you brings a greater degree of understanding to others.

You are very "chatty" people; you love to talk. You love to think and vibrate with your thoughts. Ninety-three percent of your communications, my Friends, is vibratory. Hiding in a closet with the lights out, you are still radiating a certain thought-form, a feeling, an attitude and others are reflecting or responding or reacting to that. You cannot help but serve others every moment that you are here. The choice is to what degree, in what quality, in what way.

And your Guides and Guardians, the Angels gathered around each and every one of you, spend a great deal of time inspiring you, encouraging you, dropping hints at your feet. *"What shall I do? What could I do? What is my next step?"*

For many, many people these days, that is a powerful question:

"I'm here; I've just gone through several weeks of uncertainty. I just feel like since November somebody dropped a brick on my head." There is turmoil; there is chaos. There is the drive to go within and come to a greater understanding. In the past month, and continuing until the end of this month, there has been a very powerful energy. It is one of the reasons that we have chosen to speak to you on this night – the night of the Seventeen. In the Tarot, this is the Star and this card links the spiritual side of Life with each and every one of you here incarnate. If you have been finding spiritual thoughts coming up, a seeking for guidance, a desire to understand *"what am I supposed to do?"* that is the purpose of this period of time.

Seventeen is also the vibration of the Star of Venus and Venus, of course, represents Love but even deeper than that Venus represents your values, represents your resources. How do you value yourself?

For you cannot be of the highest pure service to the Most High, the Living, Loving God, Allah, Buddha, however you identify Him to be – you cannot be of service to that Greatness, to your cousin, your brother, your love-mate or even to yourself unless you are able to love and cherish yourself. All these people who have been annoying you are trying to tell you that you could love yourself a little more.

Have you been experiencing discouragement, uncertainty, perhaps an unbalanced feeling in the body? Have you found it is more difficult to bring your energy up to where you would like it to be?

All of this is encouraging you to look deeply within. It comes about because you believe you are separate. It is wonderful to feel unique and special and one alone – except for the alone part – and I say to you that even though you accept and understand and know and believe to your very depths that you cannot be separate from the God of Your Understanding that you are – as a glass of ocean water is the same as the ocean – you are that one-ness and you cannot be separated from it except through your choice.

Actual fact: no separation.

But even so... you are still unique for each and every wave of the ocean has its own conformation, has its own energy, has its own way of moving through the water, perhaps of coming up onto the shore. Do not feel that you must give up being unique in order to accept that you are One with the Most High.

Well. We have been quite serious. It is time to look toward a brighter side. I wish each of you to know that what you have chosen as your life service, going deeper than the pay cheque-to-pay cheque role that you play, going deeper than the interactions between yourselves and your friends, yourselves and your partners, yourselves and your pets, the grocery clerk and any other individual that you might meet,

yourselves and the trees in your yard, going deeper than that, you are Flames of the Light of the Most High.

Your purpose here is to step beyond an ordinary life. To find a way and a means of living your life that brings a worthiness that encourages you to shine brightly, to radiate a smile. Who cares if you don't know that guy, smile anyway. It is not a promise of marriage and it is most definitely not an obligation, it is a smile. It is a bright energy; it is an encouragement and you never know, my Friends, you never know if that one momentary action – that “**ping**” of “*I saw you and I noticed you*” – is enough to make life desire to continue. You never know the impact that you will have but I say to you that each and every one of you has come with an extra purpose and that purpose is to say the word that needs to be said, to offer the invitation, to be of help, to encourage someone just because they happen to be there: standing at a bus stop trying not to drown in the rain. And someone says, ‘wonderful weather!’ and you say, ‘yes, but I really wish it was brighter about it!’

To smile, not to stand there in your gloom. There is lots of gloom going around; you don't need to add to it.

For as surely as you drop a thank you to a bus driver, an open door to a younger or older person, a ‘hello’ to the man vending “*Our Voice*” – an interesting read by the way – what you do in the moments that you hardly even notice, can have an impact for others because it is **you**. Because it is the vibration that you have; because it is that extra encouragement, that sparkle, that twist, that polish with which *you* do these things. You have spent many, many, many lifetimes working on yourselves, working to improve, working at times to stand up for what you thought then was your good and entirely appropriate for the life that it was.

[We are not here laying blame for lives where you fell. Everyone gets to fall so do not worry about that. Indeed, even in this lifetime, when and if you fall – and there are many of you who will do so, do not harass and hound yourself, do not refuse forgiveness of yourself for the falling.]

You might want to give yourself a lecture if you stay down there in the mud and the mire, but when you realize that you have mis-stepped, that you did something that you would take back or that you didn't do something that – if you could – you would, acknowledge it. Forgive yourself for it. Ask that memory to remind you when you get close to doing it again, that it will inspire you to do what you wish you had done. That is the next step.

Being very clear on where you wish to go; how you wish to live your life. The love and encouragement that you get to share it with every individual you meet. There are lots more where that came from! You do not need to be stingy with your happiness, with your passion. You are creatures born of Love.

Every single one of you entered this world because of Love. You have a heart chakra at the centre of your Being because it is the centre of your life. It is the centre of your role. It is the central reason for incarnating. It is why the entire universe was created...

For God so loved Itself...

That It wished to experience – ALL. To go beyond knowing; to go beyond being. To become the Experiencer and you and you and you – every one of you, every one here present, every one present planetarily are part of that **Love** and that curiosity.

Laughs Why do you think you have curiosity in such abundance?

It is part of the nature of All That Is.

So how do you take your next step?

If you are in a positive space, if you have your life plan laid out and you know exactly what university, what course, et cetera, et cetera – wonderful! But expect that you are going to get some detours and you

might get the rug pulled out from under you once in a while – not necessarily to bruise you but to see how flexible you can be. How dedicated are you to your only way – one way only?

How willing are you to expand, to accept that there is not just one star and you are that star but there are many, many stars and you can radiate in many ways?

The life span of the individuals on this planet gives them the opportunity to experience seven to nine distinct careers. The way of the world with its ever-increasing flexibility and changes ****Laughs**** is encouraging more careers because it gives you more options for growth, because it allows you to learn more, to be more, to reach more, to become more, to love more.

One of the greatest barriers to the next step on the path is a misunderstanding that is encouraged by a control agent and you have, each of you, an individual energy within you that would see this happen. In ways it is an offshoot of your ego-mind that would wish you to follow its agenda [you have heard this part before]: that it is your fear that holds you back.

I say to you that it is your Fear that is your best friend, *provided* you keep it your servant. Its job is to warn you not to touch the stove. Its job is not to say, “Don’t ever cook! Stoves are dangerous! They’ll leap out at you! Stay away from them!”

That’s not Fear’s job...

Fear’s job is to be brave enough to stand up to you and say: “I don’t think this is a right choice.”

And it’s your job to say: *“OK, I’ve listened to what you’ve said and that’s fine, but it’s my Life and I’m going to make this move. You can come but you have to shut up.”* And then you move. Your life – not Fear’s life.

When you allow your Fear to be your master, then life becomes infinitely more difficult to progress, to make changes in. Fear would protect you from sunlight because sunlight causes cancer. Sorry. Thought causes cancer.

Your fear would have you do a great many things or decline a great many things because there are thought patterns within society and within consciousness that support and encourage the fear. Not only your thought pattern that must be there in order for your fear to grab onto, but the thought patterns that you are inundated with through newspapers and television programs and radio programs. And I do not say that they do not have their place – they do. But it is important that you as evolving individuals encouraged through what you are willing to accept into your homes and into your lives – you encourage their evolution.

If the news is going to be negative over and over and over, have the courage, have the self respect, have the desire for a happier life to change channels to one that will give at least some good news. And if they don’t give any good news, I promise you, your life will be less stress-full, and your sleep - if you listen to the news at night – will be much more peace-full if you shut them off – if you go elsewhere. And the news that you need to know will find its way to you. It will indeed.

The political situation at this point in time: there is a great deal of energy being put into this. Plans are not going the way plans had been laid out and there are those who had been quite disconcerted. You have hand flapping and finger-pointing and accusation. I give you this gift of empowerment. If you wish to know the real situation, take yourself and a few other friends and go to a political meeting. And as you walk through the door set it very clearly that all that will be spoken is Truth; then watch what occurs.

A provincial election – at the last time it was held: several individuals walked into a town hall meeting with that attitude: that only truth would be spoken there. They were quite amused to discover that the main speaker for the evening did not arrive because she had a sore throat.

If you are prepared to listen only to the Truth then the Truth will come forward. It cannot be helped.

Listen with your body as well as your ears. If someone says something and it makes your stomach lurch or it makes you find it difficult to swallow or you just go –ummmm- and move away from it, I tell you, my Friends, you are “hearing” the Truth by way of your physical conduit and it will be much more accurate because it has a less vested interest and a less dynamic power trip than the individual speaking.

Our good Friend, Abraham, has proposed a way of managing the different periods of your day. He calls it *intending into each segment*. As you arrive at your work, you intend – you set the intention – of how you would like it to go.

You set the intention that you wish to have laughter at your workplace. Have you noticed the evolution showing up at some workplaces? There are some individuals who are disconcerted and they say, “You’re having too much fun.” They say it as a joke but they are not entirely sure; they would like it to be that work can be that much fun, so they are moving toward the energy, they are drawn to finding out, *‘What are you laughing about? It feels good and I want to be here but I’m just not sure I should. Just not sure that that’s an okay thing.’* So include them – laugh a little more.

Have you noticed that there are workplaces, the kinds of workplaces that formerly were very rigid and formal and now... people hug! And they tell each other, *‘I’m glad you’re here.’*

Have you noticed that?

If you have not, might I suggest to you that you start a trend? Be the brave one. You are the Light Workers, you are the Way-Showers, you are the ones that are charged with taking the first step. When you leave on a Friday, you say to your co-workers, *“Have a great weekend.”* On Monday morning, when you see them again, tell them, *“I’m glad we get to work together today.”*

It might shock them and that is a good thing, because I promise you as you say that to another you are saying it to yourself and your subconscious mind, my Friends, cannot take a joke. It believes every single solitary thing you tell it. So if you tell it, ‘Oh, another day at that job; I hate that job...’ yes, you are going to find so much to hate about that job. And you know what; your job is your role. Your job is your creation. Your job is your doing in life and you are saying that you hate a part of your vibration into Life. My Friends, do not go there.

Take for yourself a Dreamtime, once a month if that’s all you can squeeze in, once a week – much better. For the period of time until you understand clearly and clearly enough that you are excited enough and determined enough and willing enough and in love with yourself enough that you will put this fully into action. Daily would be best but we understand how busy Life can get and how this obligation and that duty and that promise and that and that and that and that can overlay until ... ‘well, some where in here I did have a life plan...’

My Friends, take the time. Love yourself enough, value yourself enough – value someone else enough, value God enough to do this for their sakes and for your sake.

Sit down and write.

[Yes, we’re back to writing again. The other topic we talk about is meditation. Don’t worry; we’ll bring it up.]

Write down what your ideal life looks like. What your perfect day – one day – what does it look like? What are you wearing? Where are you? What are you eating? Are you doing anything?

What would bring you the greatest Joy? What do you want to bring into your life?

The next day, go back and look at it and tweak it. And think about it. Maybe this isn’t quite right. Maybe I don’t want a place with a brick fireplace. Maybe I’d rather have a fire pit and a house in the country out under the stars...

So tweak it a little and keep at it. Go back to it again and do it again until – perhaps – it isn't at all what you thought it was going to be but – ooooh, wouldn't you just love to do that?

It may not be about being a television executive. It may not be about being the head of a corporation, an entrepreneur, a teacher – although every one of you are teachers and you are all healers, so do not allow that to stand in your way – it may not be getting to be a shift supervisor.

It might be cutting back some of the plans you thought you really wanted. It might be spending more time with your family. It might be spending more time with your lover. It might be spending more time drawing pictures that live inside you or maybe they live in a special place in the mountains. It might just be doing something you really hadn't thought of when you first started this process, but once you get to the time and the space and the message written there for you that says, "Aaaaah, yessss." – That's when you start your work.

I warn you if you are not willing to take the step at that point and do at least one thing every day to bring that dream plan into your life, manifested fully around you – if you're not willing to go there – don't waste your effort. You will be wasting your health. You will be sacrificing your happiness. There are all sorts of responses if you do not find what you love, if you do not cherish and bring out and experience what gives you Joy. There are repercussions; there are responses.

You'll always get a result. What we are encouraging you to do here and now is to find the step, find the path, find what needs to be done, in order to get to the result that you will love, in order to get to the result that you will cherish, in order to get you to the result that just makes you "want to swing down the street with your head bobbin' and your smile lighting up half the avenue" and people will turn their heads and think, "Whoa. Gotta be crazy!"

You know what? Some days it's more fun to be crazy. Those of you who have acquaintance with Leo Buscaglia – now present on this side – he used to say – with great Truth, I might add – he used to say that being considered crazy by the neighbours gave you so much latitude for behaviour. This is the man who would gather all the leaves up in the yard and then go racing through them because it was **fun**. Because it was a celebration of life! When was the last time you celebrated your life?

Do you kick the leaves that fall on the street when you go down the street? Let me tell you something – it is a lot of fun to do...

And if you have to have a kid with you to do it – that's OK, because the kid will really respect you for it. And you'll have a chance to laugh. And nobody will think a thing of it. That's simply what people do when they have kids.

Kids can be your ticket to freedom if that's what you need.

But I say to you: allowing your silliness; allowing your happiness, filling every drop of your days with your passion and your excitement is the most powerfully beneficial energy you can let loose on the planet. Every time you laugh out loud in the middle of the street for no reason, the vibration on that entire block is raised. Every time you do something or experience something that makes you happy and you say, "**Thank you very much, God!**" angels laugh. And the planet herself breathes a little easier. I tell you, as I have told others before, as my Friend, Michael, has told others before, the second most common vibration in Heaven, next to Love, is Laughter.

And so you sit here very solemnly taking it all in. Come on, laugh a little. I'm sure we can find a feather or so...

I did say there was a misunderstanding that makes it often difficult to take the step onto the path that they **know** they would like to walk. And that misunderstanding is in the word, **Surrender**.

Many of you have the visualization in your heads of the guy in the black hat with his hands up over his head, saying "*I surrender*." The bad guy gives up.

That is not what surrendering is about; that is not why it happens; that is not what it is for. Surrender is your gift of trust without strings attached that you give to God, Goddess, All That Is. You stand firmly, proudly and say, *“I tried my best with all that I remember here on this plane – and it ain’t working. So. I trust you; I surrender to you. I give it to you because I know that You know what needs to be done. And I step back – with arms open ready to receive – I await what I need to know.”*

And then you are quiet.

Meditation helps. Patience helps. There are far too many energies floating around looking for ***snap! fingers*** instant gratification. Sometimes there is what appears to be a lag. The lag is perceptual based on the human plane where the energy is very, very slow. Sometimes that gift of surrendering, that gift of trust requires a span of time – a gap – in order that you and God both understand that you really do trust – that you really have surrendered.

I promise you if you keep tugging on the sleeve of the Most High, saying, ‘Are you done yet? Did you look after my problem yet? I’m still down here and I’m waiting for your answer. I’m ready and I’m waiting for your answer. Hello?’ If you keep doing that, then you have not surrendered. You have not rendered it unto– for that is what surrender means: to render, to give unto the Highest Pure Source. You do not trust and you **will** get it back. If you really want it back, it will come back to you so that you can look after it. Whatever it is that you wish. Whatever it is that you choose. If you still want to have control of it; if you still want to have to worry about it; if you still want to be the one to “make” it happen, it will be given back to you.

When the Christ was asked, which takes precedence, the laws of man or the Laws of God, he said, “Render unto Caesar, that which is Caesar’s... ‘Give unto – surrender’...and render unto God that which is God’s.”

Oprah Winfrey has said, each of us has a dream for ourselves, but when you give that dream that you have – when you give it to God and attach to the dream that He has for you, you will have no idea where you are going, but it will be magnificent. It will take you so far beyond what you thought you could be.

And it is because in this space in this, in this form, you are limited. The Most High is never limited. And when you align yourself to That, when you render yourself part of that energy, part of that Love, part of that Service and that Joy, then you too become limit-less.

When you say, *“OK, you handle it. I’ll be here just doing what I think I need to be doing and if you have any information for me to use, just let me know.”* Then you proceed.

You proceed with your eyes open. Now we are not saying, Wi-i-i-ide open. Searching everywhere in case you miss something. Trust me: the important message will come through. You will perceive it. And it will be: *“Oh! OK, this is what I do.”*

And that is now you know how to take the next step:

Put Fear behind you or in the corner – promise to get back to him. Make your own choices. Make your own choices for the Love that they bring you. And take the step.

Take the step.

It can be a power-full thing. It can be a scary thing.

You want that bridge to be there and you want that bridge to be really, really solid because what you have right here feels solid. So you hold onto the post and you take a step or two – and you take a step or two, but you have not surrendered, you have not trusted until you let go. Take a deep breath and step. And then step again.

Don’t step and stop and look around and expect to be clouted.

Take the next one. And **know** that you are doing this because it is Love that is encouraging you. Know that en-courage-ment means that you put your courage inside yourself and you do it. It doesn't mean the Fear isn't still there.

By the way, when you are dealing with your Fear, put Fear on the left side of you. Energetically, that is your past. Do not put Fear into your future.

You are all very courageous people. There will be from time to time requirements in your life that will allow you to know that. But I tell you this so that when you get there you will remember what I said: **You are very courageous. You are very, very brilliant Lights. The world needs all the Love that you can permit to radiate from you and I promise you, the more you give away, the more that you will have show up in your life.**

All energy is cyclical. The Sioux Indians representation of the energy of the Seventeen – the Star of Venus – is the seventeen hoops representing all the different elements and parts of the world and the Universe. All energy that is positive and flowing is circular. It goes out and it comes back, but I promise you it “ain't” coming back until you've sent it out.

Everything in your life starts with you.

Starts with you – are you going to stand there and say, “OK. ***plop*** Little bit.” Or are you going to say, *“Well, I want to enjoy this life right up to my eyebrows and then a foot higher than that, so I am going to send out as much as I can. I'm going to send out all the Love, all the energy, all the excitement, all the passion, I'm going to send it and send it and send it and as soon as I don't have any left, I'm going to send it anyway because it isn't mine. It comes through me from the Most High.”* And I guarantee you as long as you keep sending it in excitement, in laughter, in joy, in happiness, just because it makes you feel good with satisfaction, it will not end. It will keep coming and coming.

You see a little person on the street – children saying, *“Hi”* they say hi to almost anybody. Respect the Soul and the Love and the Light in that little one, say, *“Hi”* back. And if they are staring at you while you are standing in a grocery line, looking up wondering who you are – and you've caught their attention and they've caught yours – give them a wink. You don't have to say anything, just give them a wink. They'll know. And you feel good about it.

That's what you are here for. You're not here to grind away at anything. You're not here to put in your time. You're here to wink at little kids and smile inside because you did it.

You're to start a snowball fight this winter with your Beloved and then next year, start it again. The first one to hit the other wins for the year.

That's what you're here for.

Because every time you enjoy a moment of your life, two things happen:

That vibration of enjoyment goes around and touches other people like Tinkerbell's fairy dust and
That enjoyment gives others permission to do the same thing.

It comes back to you and you say, *“Ooh; that felt good. Let's do it again.”*

And so you do.

The days when you just feel like being crabby – it happens. Everybody gets down and not everybody is energetically inclined to **bounce** back up again. Sometimes you just want to stay there and wallow in it because you haven't done it for a long time and – that's OK as long as you inflict no pain on others and as long as you don't stay there.

Maybe what you need is to feel cuddled; to feel cherished; to feel wrapped up in a warm flannel blanket with someone who cares about you loving you. Maybe that's what you need at that point in time. If you've

feeling crabby and you don't what to get out of it but you don't know why you're feeling crabby, that's the time for this special nurturing. The more that you answer that need, the easier it will be to bounce back and then you get back to Joy again.

It is why you are here.

Michael J. Losier, Canadian author, has written a book called, "***The Law of Abundance.***" His proposition in that book is that you are here to experience Joy. Staying poor doesn't help anybody – not even the poor. This is an abundant world. Shut off the news and go outside in your yard and count how many blades of grass are and then tell me if this is a world of abundance or poverty.

This is a world of abundance. If you do not see it; if you are not experiencing it, you are missing the lesson. And it is part of your job to demonstrate that. Please do not get into this nonsense of 'there isn't enough to go around' or 'if I get my big bundle somebody else has to do without,' that is just not so.

There is more in life than you or anyone else would be able to gather. There is enough in life that individual – six billion plus – can experience affluence. Let me tell you; let me remind you, affluence goes far, far beyond survival.

The recommended daily allowance of nutrients in your breakfast cereals – that is survival. And survival is enough to get your chin an inch off the floor. You are meant to be much more than that.

Your path in life attained by your service into life leads you to joy – joy in all things, abundant joy because you cannot truly have the one without the other. You cannot experience joy if you are concerned over where the next meal or the next bill payment is coming from. Therefore, abundance – having enough to release you from the worry state – leads you to joy. And joy, my Friends, is an expression of the vast richness and fullness and love and satisfaction in your life.

When we who guide you say to you: "Enjoy!" we are recommending that you put Joy **in** to your experience.

I have discoursed at good length this evening and wish to express my gratitude for your patience. If you have found some thoughts on which to ponder or take to heart and action, then my purpose has been well fulfilled.

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