

# I AM The Clear Vision of My Joy

## *Dearly Beloved,*

*My Loves, all is not lost. You have a weapon except that we are not engaged in war here so you do not have a weapon – you have an em-power-ment. You have the ability to radiate the essence of the Divine and that is more power-full and more effective and more able to bring onto this plane the healing, the rebalancing, the higher virtues, one might say.*

*All that is needed can come through you. And who are you? We have already said: you are a Child of the Divine and, therefore, having come here with the clear intention of moving forward, moving upward, evolving but not doing this alone, not doing this on a narrow little pedestal where only your selves fit but doing this, evolving and moving upward and sharing the joy and the dynamic and the beauty of who you are – in a crowded elevator – so that all can move forward. Each and every one of you has the vibrational harmony of the Quan Yin within you and she has dedicated herself and held off her ascension into the time when all Life ascends – when all together can become enlightened and each of you has that vibration.*

*Every moment that you choose Peace instead of this – whatever this is – you are healing the world, you are uplifting the world. We give to you a movement, a feeling, a prayer, an intention all rolled into one: take the first two fingers of your hand [does not matter which hand], tap the heart centre – one – two – and appreciate. Allow yourself to feel appreciation and breathe ...*

*Can you experience, can you open yourself to that energy that is around the body? Can you know and understand that as you choose that Peace, as you feel that appreciation, it opens the heart centre and yourself and all those in linkage with you – in vibratory contact with you to a state of Peace-ful-ness and that uplifts and heals and brings forth a magnificent and wondering vibration.*

*Dear Hearts, when you set your intention, it radiates forth. When you have no intention and you are being pushed and prodded and shoved hither and yon by the experiences of your day, it radiates forth. And it radiates very, very far. There are instruments on the physical plane that can demonstrate when you are feeling joy-full and you are out in nature alone; the sun has shone on you, a sparkling iridescent dragonfly's wing has caught your attention, and you fill yourself with that feeling of Joy as you stand: the trees are affected, the earth is affected, and the worms in the dirt and the plants and flowers and the deer miles away are affected. Now the instruments that you have can calibrate this out to 50 yards, but we are saying that it goes far, far beyond that.*

*As Guardians, as stewards of the advancement of all Life – not human life, not earth life – of all Life, it is more important that you spend more and more time in Joy, in Peace, in Love.*

*Dear Hearts, there are traditions held by nuns who, when they eat their meals in silence and they share and one serves them, when they say, 'Thank you' in their silence, they take two fingers and tap the heart and this says, 'Thank you.'*

*When you would bring the vibration of Peace – for on the foundation of Peace you open yourself to Joy – and you tap: one – two and appreciate, be in gratitude, say 'Thank you' but do not “verbalize” – this is not words that we are talking about, this is not intellect. You are at the heart centre, you feel. When that feeling moves forward, cascades through the body and moves outward from you, all the Joy that you have opened up to has an enormous potential for bringing its presence to the awareness of far, far more than you can even see.*

*When you pray, feel what is occurring, for the Divine and any creative vibration is looking for a combination from you. It is looking for the idea, but it is also looking for the energy, the emotion that goes with the idea. And the one cannot be separate from the other. If there is only love and it is not directed anywhere, it brings healing and it brings upliftment – true, but it is less effective. And if there is only thought, it is stunted because it does not have the emotion to go with it and I say to you, Wonderful Ones, your prayer is in your feelings, not in your ritual, not in your words, not in your head. It is in your feelings so when you would ask anything of the Divine, it is not how many times you would say it perfectly; it is not using the right words; it is not pleading hard enough. It is making the statement and opening you to feeling that it is yours, now.*

*And then energy begins to move in Divine Time. This is not how to “wish” your circumstances; this is how to truly pray.*

*There are those who heal themselves, the planet, the entire Universe, for when they pray, they say, “for the Highest Good of All Life everywhere, let this be.” They may be even considering human life, but they are not considering only this location – and they are not even really concerned about human life, it is Life in and of itself. They have been doing this for thousands of years. They were doing it in their temples, in their monasteries, in their hidden places around the world.*

*And now certain of these have been attacked – so it may seem – and scattered throughout the world. It is because of that scattering that the world knows about the healing power of compassion – about the miraculous dynamic of compassion. Over the course of time, in this lifetime, they will indeed be brought back to their source of origin on the planet, but the planet itself has been re-shaped and re-formed. And all because they pray ‘for the highest good of all Life, let there be peace. Let me be an instrument of compassion.’*

*Having identified that, they feel within the deepest essence of themselves, they feel at the solar plexus, they feel in the emotional brain, they feel and move it up to the heart, they feel and they know that it is indeed so. They move their prayer outside of time as it is*

*commonly thought, where it becomes released so that it might be in effect in every moment, in every speck of space-time-consciousness.*

*Every moment that you choose to experience Joy, every moment that you choose to observe worry without taking it on as your cloak or your experience, every time you observe and say, "I understand and I choose..." you are uplifting All That Is. You are putting power in to All That Is and everywhere there is one more breath of power.*

*When you look clearly at what is occurring, becoming more and more aware, moment by moment that what is – one might say – "out there" that is the experience of others is life-diminishing and having seen that and having that clarity of understanding, then you say, "for the highest good of all, let there be Peace for all Life". And you open yourself to deep Joy and while the picture in front of you may not appear to have changed, its essence is being transfigured; its essence is moving yet onward.*

*So very many individuals on this earth believe only in linear time, that it is difficult for individuals such as yourselves who are aware that there is a much more wholistic concept of time that you see the overlay as it was and it appears that you have had no effect. Removing yourselves and saying, "I have had no effect; I'm not going to bother." Moving yourself out of what you have been doing leaves a vacuum, leaves a hole, leaves an emptiness and that emptiness will be filled by the most dynamic energy present – and you know, Wonderful Ones, there is a good chance it will not have the quality or the dedication or the commitment or the Love that you have.*

*What is your vision?*

*What is your vision for yourself – first?*

*Because as you put yourself in a state and a place where you do not even have to think about being Joyous, you just are: that transforms all around you; that sets in motion a glow all around you and it bumps up against an individual who has been feeling sad and they breathe it in – it goes in through the mouth and nose, it goes in through the pores of the skin – for the skin does indeed breathe – and it shifts what is occurring for them on a cellular and sub-cellular and aetheric level – and they are never quite the same again. They may walk away and forget that moment of shift, that moment of joy-full-ness. It may not even register consciously, but they are not who they once were.*

*When again you fill yourself with happiness – you love – and let it loose upon the world, you reach for the awareness of being One and it touches them again. It is as if it seeks them out: 'we had contact with you once before and we reach for you and we love you and we find you.' And wherever in the Universe they are, they are touched once again. And they are uplifted.*

*If your vision for your Life is to be a transmitter of Peace, an expresser of Joy, a radiator of Love, then, indeed, that vision will come to fruition and every moment that you experience those qualities of Love, Peace and Joy, it is if the whole world takes a big breath to take it in, it never goes back to that restricted state it was once in.*

*As you breathe and as the planet breathes and as the systems breathe and as the Universe breathes and they all breathing in that Love that you are emanating, they too never go back to that state that they once were.*

*It is a great deal of work – apparently – when you have been told that 85% of the planet is operating at a vibratory level that is not life-enhancing, that is life-diminishing, that is life destroying – that can be a frightening statistic. You might be tempted say to yourself, “I might as well give up. I’m only one of 15%. What can I do? All my efforts, will they be of any value? I’ve tried and I’ve tried and I see this again and again and again until all I want to do is hide myself away.”*

*Withdraw from that which is pain-full for you, indeed.  
Withdraw from that which tends to suck you dry; withdraw from that which diminishes you in any form: that dis-empowers you, that diminishes you, that is toxic to you, withdraw from it, My Loves – and when you are in a state of serenity and when you are in a state of peace, then, indeed, what is occurring there within is radiated. You have removed yourself from harm’s way and you still have the ability and the Love and the delight in All That Is to send that vibration forth.*

*When you keep yourself to yourself, when you keep yourself in a sacred and sheltered circle, what you do there, what you cherish there, what you love and appreciate there escapes from that isolation and flies forward and flies outward and does what healing as is possible. The healing does not have to be accepted on a conscious level. It will move to a consciousness that is in need and the consciousness will begin the steps towards healing itself. Indeed, what you are doing at that point is awakening on a sub-conscious, sub-cellular level, the individual to the fact that they are already healing and you are opening them to that awareness so that they can accept it.*

*Each of you are healers; each of you at times feels the need for healing and that is a wonderful thing for then you get the opportunity to replenish and to refill and to set in motion once again the transmission of healing energy.*

*I say to you that if you are in a state that cannot accept that you are healed when you would like to believe it but are not sure that you can believe it, when you go into your very centered self and you intellectually say, “I choose this as my reality”; when you tap the heart centre and open yourself to your infinite possibilities and say to yourself, “I shift from this state of imbalance to this state of perfect health,” and yet part of you wonders, when you feel that feeling of Joy and gratitude and One-ness, if you cannot believe it for yourself, then surround yourself with people who can feel and believe it for you, it is the same thing.*

*If you can believe it for another, you can believe it for yourself. If you love any other, you have loved yourself. This is one of the most difficult tasks for the peoples of the Earth and so we say to you, tap the heart and if you cannot appreciate, fill yourself with an experience that was loving and joy-full and that allows you to open.*

*The heart we have spoken of a great deal because the solar plexus and the heart are completely linked. What occurs here [the solar plexus] is affected here [the heart]; what occurs here [the heart] affects here [the head]. When you have the vision of the feeling experience, the emotion of Joy, the serenity that comes with that Joy, the Oneness that is the manifestation of that Joy, then – then the transfiguration of the Heart occurs.*

*Allowing your intuition as it is called, your sensitized Guardian of Faith, as we introduced it to you, the emotions that do not doubt at the solar plexus, when you go there to understand what is occurring, then you have a greater clarity of the truth and at that point, being in the energy of the solar plexus, you are able to more clearly see the vision that you have conceptualized, the vision that you would like to conceive and manifest, when it is felt through your feeling brain, then wrapping it in Joy, it manifests.*

*A vision without an emotion is an intellectual exercise. It is distant from you. An emotion without a vision is chaotic for it has no direction. It seeks and does not know where to go.*

*It is important to choose a vision that you can be excited about; that you choose to manifest from the standpoint of joy, from the standpoint of dignity; from the standpoint of great delight, for, Wonderful Ones, you and 7,997 others do this in order to uplift the vibration of the planet, in order to bring peace globally. We charge you and we awaken within you part of your life vision which is to transform and transfigure through the radiance of Joy and Peace in your life.*

*Every nanosecond that you allow yourself to be Joy-full raises the vibration of the planet, raises the life enhancing energy of the planet, uplifts that 85% that is locked in apathy, and despair and anger and pride-full-ness and confusion that does not where to go or how to get wherever it is that they think they might want to go.*

*Every microsecond in which you allow yourself to smile, in which you acknowledge Love in your life, in which you are appreciative or are engaged in being grateful or saying, ‘thank you,’ has a power to shift the frequency of this planet beyond what you can conceive and it is this generation that will be the generation that says, “We choose Life!” And it shall be so because you have chosen it, because you have identified with it.*

*Why is it important for you to do this?*

*Because it is who you are. It is indeed who you are.*

*If you are to be true to your inner nature, then you must radiate Joy. If you are to be true to your life purpose, then you must allow it to emanate from you.*

*What is my life purpose, you say? That discovery is part of your journey. We will give you a clue – we believe you already know it, but nonetheless... you are here to be and experience and demonstrate and share Love and, you are here to find on this plane a love and a beauty that is greater than that of the angels.*

*Like attracts like, my Loves, it is here in deed and you can find for yourselves a love that is richer, purer, clearer, more uplifting, more overwhelming, more breath-taking, more breath-inspiring than any concept that you now have of Love. Allow that to be part of your vision and fill it up with Joy.*

*We do not offer you a challenge that is beyond your ability. We do applaud your choice to be here at this time to assist in the dynamic upliftment of the human race – wherever it may be manifest...*

*We hope we have inspired thought-full-ness within you and also enough Joy to give you the courage and the delight and respect for who you are that you will dance with this – in deed.*

*Joy-filled blessings always, My Loves. We will seek you in every moment, in every smile.*

*Michael the Archangel*

This message was channelled from Archangel Michael through the Channel, Michel Green, as part of the inspired teaching in the I AM Empowerment Series. If you are interested in further information on this class or the book based on the series, please contact Michel at [veiledmoon@shaw.ca](mailto:veiledmoon@shaw.ca) or at 780 457-6801.

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