

Choosing Change

Stepping Up

We are becoming more and more aware of the energy of change and the dynamics of shift surrounding each of us. Some are experiencing this shift as profoundly unnerving; others are highly stimulated by its presence in their lives. In each case, the Universe is asking, "Will you step up to become the new expression of All that you can be?"

Much of this work, it seems, is being done by thought-full and dedicated hearts in the silence of their innermost selves. Not everyone who undergoes this experience shares it with others, but that does not mean the experience is any less intense or easier for those who carry on, seemingly as they always have.

For some individuals, the shift is a demand to choose which reality you are going to face and then, to be required to deal with that expression of reality you might prefer not to acknowledge. We are facing times of sudden, unpredictable and intensely felt shift. Whether or not you understand this is a positive thing does not alter the perception of events and circumstances being so power-full as to be life threatening. Indeed, scary though it might be to admit it, that is the case. The life you have lead to this point is threatened—it is being challenged to prove its worth and value to you in order that you will continue to be in life in a similar manner. And if your life as it has been does not pass the test, circumstances will come into play that make change vital and necessary.

Even if your life review does agree that your life as it is is a life-enhancing experience, you are being put on notice that this life too must change. It must evolve and become even more dynamically beautiful.

Now is where all the old behaviours—those we thought we had left behind or cleared or buried—show up to test our resolve, to test just how thoroughly we understand and believe in our new way of behaving.

This is the final chance to solidify those beliefs and values we have tried so hard to convince ourselves we actually do believe in. This is where we step up to the plate and either hit a home run or strike out.

It is a hard thing to discover that all the work you thought had been done so well has, in truth, been an intellectual exercise. Have you discovered your self-deception?

Are you now ready for the deeper level work? This is where you seriously get real with yourself and your results...

It is critical at this point for you to follow through on all those things you have been telling yourself—with fingers crossed—in an attempt to make the magic work. This is about understanding that you cannot do what you need to do by yourself. Life has become too big for you to control. It is when you reach this point of realization that your Life can become manageable.

Your Life was never really your own after all; your Life is a contract between you and the God of Your Understanding. It is in your care and your charge—to look after as you see fit. You are the Steward of your experiences, empowered to benefit or

Special points of interest:

- **Stepping Up—Some Thoughts on our changing circumstances**
- **Responding to Choice**
- **Exercising Free Will**
- **You've got questions? We've got answers**
- **Creating Success, first of ten parts**

Stepping Up, continued...

fail according to your choices. But life does not belong to you and now is the time when you need to review what you have done and been remiss in doing.

This is the time and the opportunity for you to step up to the alter and choose a life of benefit for all those lives yours touches. To set in place a pattern and a value of doing only good. Without hesitation, without condition to thy Self and all others, do only good. Always and in all ways, do only good.

You Always Have a Choice

I know many people who perceive or believe that there are circumstances in which we are without choice. For instance, when a family moves house, the tendency is to say the child had no choice but to go. While I agree with that assessment, I also believe the title statement is actually addressing our response [or reaction] to the circumstances we find ourselves in, rather than the actual event. In that case, we do indeed have a choice: we can choose to make the best of the situation or we can deny our power to be happy.

Choosing Change — Title Story

It may seem strange that I might be encouraging you to actually and consciously choose change—this is not something a Taurus would usually say. However, I realize somewhat reluctantly that change is upon us—constantly, dynamically, even apparently ruthlessly at times. My purpose in choosing this title is to motivate you to getting “with the programme.” The degree and rapidity of change we see is a fact. It is ludicrous to try to hold back the flow of this particular river. In choosing change, we are empowering ourselves to direct that change and to guide the manner in which that change will manifest for us. That which is done *for* us rather than to us, is constructively with us.

Carl Jung reminds us: A person who goes to outside sources, dreams; one who goes to the Source within, awakens.

Now if you ask, “Don’t I ever get to feel sorry for myself or upset when life doesn’t roll my way? Do I always have to be upbeat?”

The answer, of course, is, certainly you can. Indeed, there will be times when it will be very difficult to refrain from feeling sorry for yourself and the test conditions you are undergoing. So while you are learning to recreate your attitude

toward your situation and your determination to be supportive of yourself, a little pity party now and then can release emotions you might otherwise bury inside where they will rise again to bite you.

Two things to remember—a pity party only works if it is kept short and focused on today’s event. If you stay in pity, and indulge in dragging in the past you dishonour

yourself and your Creator.

Secondly, so long as you are in pity you are belittling yourself; that is, you are telling yourself you are so little that you are beyond hope.

Remember, even little you always has the love of the Great God within.

I AM Free to Change...

One of the most power-full and dynamic thoughts I was ever gifted with states:

My belief is my evaluation of something and I AM free to change my belief at any time.

Yes, it is true that we are provided with beliefs, attitudes and habit patterns handed to us by our childhood authorities—many of which are sub-consciously driving our responses to the circumstances we encounter. Some are so deeply buried that we only become aware of them through the results we get over and over. Often we repeat the same pattern until it becomes so frustrating or pain-full for us that we examine our results in desperation to change what keeps happening.

When we realize doing what we always have done, also gives the result we always have had, we are empowered.

Knowing the door to the cage of our situation is already open means a change in attitude or self *evaluation*—a change in the direction of our beliefs—sets us free.

I Will No Longer Pity or Belittle Myself

The First Vow of Success from Og Mandino’s wonder-full book, “The Greatest Salesman in the World—The End of the Story.”

How May We Serve?

Those of you who have had a channelled angel session with me will remember the title above as the Angels' indication that they wish to focus your reading on those questions or situations that are of greatest importance to you at the present time.

How may we serve? now moves into a more open forum. In this section of the newsletter, we will be answering your questions.

If you would like a brief question, preferably of general interest, answered, please send it to me by e-mail to veiledmoon@shaw.ca.

Introductions

About Michel ...

Michel Green has been a Channel of the Angelic Forces for almost 20 years - a role she has now expanded to be her primary service into Life. A woman of wisdom, harmony, empathy and compassion, she offers her insights, peace-fullness and sense of fun to bring greater ease, self-honouring and self-respect to others.

Upcoming Events— Call Michel at 780 457-6801 to register

Angelic Alchemy: April 13 or 20; May 18 or 25; June 22 or 29

A 3-part series of channelled lectures featuring a different Archangel each session bringing encouragement, insights and counsel. Stony Plain or Edmonton.

Tarot: April 30, May 14, May 28 & 29

A fun and effective way to learn the deck of your choice.

New Service: Angel Letters—Written messages channelled personally for each recipient. Beautifully presented on embossed paper: a Gift of Love.

About George ...

George Campbell - a gentle, sensitive man whose strong Piscean energy combines with his Aquarian uniqueness