

## 2010 – The Year of Creating Joy

Can you feel it?

There is a clear distinction between the energy of 2009 and the energy of 2010.

2010 feels soooo much brighter, livelier and even [dare I say it?] adventurous...

A New Year can be identified in through the types of energies or vibrations under which we all will be experiencing our journey. By becoming aware of the influence and tendencies these energies are encouraging within us, we can be prepared for various events and, like the student who has prepared for an examination, we are able to respond to our “tests” and opportunities in a more effective and less effort-full manner.

The two thousand millennium, that is, the thousand-year span when each year begins with a 2, has a basic concern with balance, harmony and, additionally, with understanding and relating to the Other. The Other may be a person, a viewpoint or opinion but always the concern is not only “How does this affect me?” but also “How does this affect the Not-Me [Other Person, Other Situation, Other Environment, et cetera]?”

This is meant to encourage one toward the global and humanitarian outlook that is a hallmark of the Age of Aquarius. It should be noted that Aquarius, the eleventh sign and house, is the higher vibration of the Two. You will experience a growing need for balance in all things; a time for busy-ness; a time for rest; a time for work and a time for play-full-ness.

Be aware also, that situations and people who are out of balance will be brought to you to mirror any inner imbalance you may be trying to ignore. Rather than reacting [negatively or otherwise] to them, it is recommended that you look within to see what dis-harmony in your Inner Self, your thoughts or your Spirit has attracted them to you. Then deal with the inner situation so that you may bless and release the outer experience.

Following the number Two is a Zero. The Zero is that quiet, patient yet nurturing space wherein creativity and dynamic growth can occur. This is the place of innocent accomplishment — where we can go in our imaginations, our visualizations and explore the visions we would like to manifest. This is the numerological Odin Stone of runic lore. Empty, it awaits full-fill-ment; unmarked, it invites potential without limiting how or what the gift might be.

Be aware that there may be a tendency to put matters off because you wish them to be exactly perfect. The unlimited potential of the Zeros will allow for

polishing, re-working and re-doing what you have set in motion, but it has no patience with procrastination.

The One symbolizes new beginnings; new opportunities; and the focus to face challenges in an energized and uplifted manner. This vibration also gives you **the chance to take the lead in those matters that are of the greatest importance** to you. For example, if your health is an issue, you are being given the ability and the strength [of mind and heart] to be closely involved in the management of your state of health. Because the major energy of 2010 is creativity, you are also encouraged to look at “outside the box” options and information.

Creativity always involves the heart and the innate joyousness of 2010 brings an exhilaration and enthusiasm from which you can initiate, develop and thoroughly enjoy the conception and manifestation of heart-felt events, circumstances and situations.

Creativity is a matter of making choices: shall I paint or draw; shall I make raspberry bars instead of the lemon bars I always make; shall I continue in my usual thought patterns and results or shall I create new empowering thoughts resulting in new and different outcomes ...?

Originality.

Ingenuity.

Resourcefulness.

Fun.

Laughter.

2010 offers them all and much more. This year it is more important than ever to choose the thoughts, emotions and activities that support your being happy. Whatever makes you happy; whatever brings you joy – 2010 is with you to design this and incorporate it into your life.

So feel the lightness; revel in the background hum of Life’s song; catch yourself smiling – no reason necessary – just enjoy. And give yourself repeated chances to hunt down your de-Light in Life.

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